

# **Environment, Health, & Safety Training Program**

# EHS 116 ~ First Aid Safety

### **Course Syllabus**

**Subject Category:** First Aid **Course Length:** Four (4) Hours **Course Prerequisite: Medical Approval:** 

No

**Delivery Mode:** 

No

Schedule:

Class

Monthly (1st Wed) or by special request

Location:

Bldg. 48-109

\* Dress casual for skill practice

Course Purpose: This course is designed to prepare employees, particularly members of Building Emergency Teams, to take appropriate action in providing emergency first aid care to others until professional emergency responders arrive.

### **Course Objectives:**

- Provide information on the signs and symptoms of various injuries and illnesses they might encounter in the event of a major incident where professional rescuers might be delayed.
- Provide employees with an introduction to the equipment available to them.
- Provide employees with opportunities to practice various methods of bandaging and splinting of injuries.

#### **Course Instructional Materials:**

- PowerPoint Presentation
- **Building Manager First Aid Kits**

### **Instructors:**

Fire Department Staff

Training contact: Valerie Quigley x7032

**Training Compliance Requirements:** 8CCR 3203 & 3400

Course Handouts: No

**Participation Evaluation:** Written evaluations regarding the effectiveness of the trainer, the training and the visual aids.

Written Exam: No

Practical Exam: No

**Retraining/Recertification:** Required every two (2) years.